

Since 1963 the ABC Recovery Center has provided a safe environment for our clients with substance use challenges to achieve life-long sobriety. In 2008 we initiated a program that was purposed to provide culturally sensitive treatment for clients who are LGBTQ+.

Our program is trauma informed and evidence based. Each client is assessed by a multi-disciplinary team and an individualized treatment plan is created to address each individual need. This would include clinician sensitivity to the additional stigma/discrimination and trauma that individuals may face in addition to their substance use disorder. ABC Recovery Center then creates a holistic approach to addressing the collective needs more effectively.

It is estimated that 30 percent of LGBTQ+ individuals suffer from some form of addiction, compared to 9% in the general population. Gay, lesbian, and bisexual individuals are roughly 18 percent more likely to have alcohol addiction, 20 percent more likely to have drug use disorder, and 5.9 percent more likely to misuse prescription medications.\*

According to the new National Recovery Study data, approximately 12 percent of the 22.35 million Americans who have resolved a significant problem with alcohol or other drugs identify as LGBTQ+.

ABC Recovery Center is proud to provide services to communities that would otherwise go un and under served.



\*Statistics sited are provided by the Recovery Research Institute





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For assistance with admissions please call 760-289-0188

For general information please call 760-342-6616

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