Family Program

Named as one of Newsweek magazine's "Best Addiction and Treatment Centers", ABC Recovery Center continues to meet the critical demands of an ever-expanding community in need of support and services.

As one of Southern California's leading destinations for addiction treatment, ABC Recovery Center promotes wellness and healing for all stages of recovery, which includes the mental health of the family members of those with substance use disorders.

Our family program is dedicated to supporting family members who have been impacted by their loved one's substance use disorders. ABC Recovery Center recognizes the importance of the client and the relationship they have with family/significant others, and how those relationships can impact recovery. Our goal is to promote family understanding of substance use disorders, provide harm reduction education, and provide a safe environment for families to heal.

We start with education on the disease of substance use disorders. This is the foundation for the Family Program. We assist with the development of mental health tools for families to support themselves and their loved ones in recovery.



For Family Program information please call 760-342-6616 or email us at <u>family@abcrecoverycenter.org</u>

www.abcrecoverycenter.org 44-359 Palm Street, Indio, CA

The Family Program consists of three types of counseling and intervention:

- Outreach Collateral Calls Counselors specializing in family counseling provide strong support to families who are suffering. The staff reach out to families and complete collateral calls. The first contact is so important, and the family members appreciate the connection. We gather information from the family so we could see how we could best help our clients. We create an opportunity to see our clients from the family's perspective.
- 3-day Family Workshop (held monthly) The workshop is held Friday evening, and all-day Saturday and Sunday. Our clinicians will facilitate educational lectures and group sessions for the family to share their experiences and receive support and guidance.
- Webinars Our specialized clinical team provides a weekly family webinar where we go through the CRAFT support series, (Community, Reinforcement, And Family Training). The webinar is a way to stay connected and continue to get the education and support they need as they face the challenges in early recovery. The webinar is a convenient way to get support and can reach those who are not able to come to the in-house workshop.

The Family Program is available to our community at large, whether your family member is a former, current or future client of ABC Recovery Center, or has no relation to us at all.

Is someone you love struggling with addiction? Help is on the horizon.

Costs are determined dependent on the family's ability to pay. ABC Recovery Center does not turn families away based on their inability to pay for services.

ABC Recovery Center is licensed by the State Department of Health Care Services (DHCS) as well as being accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).